

Earth Quake Preparedness

BEFORE THE SHAKING STARTS

PREPARE YOUR FAMILY:

- Know the safe spots in each room: Against inside walls, under tables, desks and supported doorways.
- Know the danger spots: Windows, mirrors, hanging objects, bookshelves, and fireplaces.
- Practice drills. Physically place yourself in a safe location. Have an evacuation plan and meet in the same place outside.
- Practice evacuation. Learn First Aid and CPR from the American Red Cross.

PREPARE YOUR HOME:

- Learn to shut off the gas, water, and electricity (but only if lines are damaged)
- Secure water heater and appliances which can move enough to rupture lines.
- Secure hanging plants, and heavy picture frames or mirrors (especially over bed). Close drapes over windows at night.
- Put latches on cabinet doors to hold closed during shaking.
- Keep flammable or hazardous liquids such as paints, pest sprays or cleaning products in the garage or outside shed (out of kids reach)
- Maintain emergency supplies for a 72 hr. Period; i.e., Food, water, and other supplies, including a flashlight, portable battery operated radio, extra batteries, medication, first aid kit, fire extinguisher, copies of important documents, emergency numbers, and clothing.

DURING THE SHAKING.....

- If indoors, stay there. Get under a desk or table, or stand in the door way.
- If outdoors, get into an open area away from trees, building, and power lines.
- If driving, pull your car to the side of the road and stop. Avoid overpasses or power lines. Remain inside the car until the shaking is over.

AFTER THE SHAKING.....

- Check for injuries. Apply first aid. Do not move serious injured unless in immediate danger.
- Do not use telephone unless there is a severe injury or fire. Hang up telephone if off the hook.
- Check for gas and water leaks. Broken electrical wiring or sewage lines. If there is damage, turn off at the source.
- Check food and water supplies. Emergency water may be obtained from water heaters, melted ice cubes, toilet tanks, and canned food.
- Turn on your portable radio for instruction and news reports. Cooperate fully with public safety officials.
- Do not use your vehicle unless it's an emergency. Keep streets clear.
- Be prepared for aftershocks. Don't panic, stay calm and lend a hand to others.



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